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Issue 4
1 February 2017

UPCOMING DATES

President's Report

The season is in full swing with many enjoying the warmer weather and water.

Training has started with many members training across the club in various areas. It has been great to meet and work with the new patrolling members over the last month or so. Australia Day again saw large crowds of people come to the beach, whilst the weather was kind, the consistent off shore breeze provided plenty of real life action for our life savers on duty during the day. The final tally for the patrols were 27 rescues and some 120 preventative actions. Unfortunately, many of the rescues involved young children on craft floating away from the beach being pushed by the predominant winds.

Please watch your children at all times when near the water, check the weather forecast, note the prevailing conditions and plan accordingly. If in doubt, please stay on the side of caution and prevent what should be a fun water experience turning to tragedy.

Many of our clubbies are now in competition training and looking forward to the next couple of weekends where carnivals will be held around the state. We wish all our competitors the best of luck in their endeavours. A special congratulations to the "Carnivores", our U19 men's boat crew, for being selected to represent the state at the upcoming interstate competitions. With the next Junior carnival at Clifton Beach on the 11th, it would be great to see a big contingent of our nippers attend.

The Club's Quiz Night on 25th of February is not far away, ensure you have your team entered and ready to go. If you are able to assist Lizzie with some spot prizes or support on the night please get in touch with her.

Our first major ocean swim of the season on Australia Day was a huge success attracting the largest number of swimmers ever to this swim. Competition was fierce with some outstanding times being recorded by the competitors. Well done to all who assisted to make this one of the premier swim events on the ocean swimming calendar!

The next major swim will be the Beach to Beach swim on the 19th March. This is the final swim of the season. and will be a huge event

FEBRUARY

Sunday 5th, Masters Tasmanian Championships @ Penguin

Saturday 11th, Junior Statewide nipper carnival @ Clifton Beach

Sunday 12th, Open Statewide Carnival @ Clifton Beach

Saturday 18th, Junior Statewide Nipper Carnival @ Burnie

Sunday 19th, Open Statewide Carnival @ Burnie

Saturday 25th, Club Quiz Night @ The Salty Dog

MARCH

Saturday 4th & Sunday 5th, Junior State Titles @ Carlton Park

Friday 10th, 11th & 12th Open State Championships @ Ulverstone

Sunday 19th, Beach2Beach Open Swim event

Sunday 26th, Nipper Break up day/party

for the club to host. Planning is well underway already, so if you can assist with prizes or sponsorship please let Sandra know.

The club is currently preparing a plan to replace or upgrade some of our equipment over the next couple of years. If there is something that you feel the club should invest in to improve our surf lifesaving experiences, please let me know. We are in a position to do this due to the hard work of members supporting our fundraising activities like button day, wine packaging, ocean swims, quiz nights and applying for grants. Without support from our sponsors and these events it would not be possible to do this. If you can assist or know where assistance can be sought please let one of the committee members know.

I would like to welcome on board the club's newest sponsor, Jackson Motor Company, who are providing two new tents for the club to use. These are a significant upgrade on the old blue ones, and will provide a greater degree of protection both at Kingston and around the state at carnivals.

Many members have been enquiring about the status of the Club House development, this has been unfortunately stalled during the Xmas period pending crown land approval. There is a scheduled development meeting with council and stake holders on Thursday 2nd February. An update will be provided to members after this meeting.

Stay safe on the water and at the beach,

-Paul Munday

Australia Day Photos

'A Day on the Beach'



Nippers

Starting in the first few weeks of November, our Nippers program has been underway for around three months now. With record numbers this season in the Seahorses, under 8 and under 9 age groups, all our volunteers have been kept very busy on Sunday mornings.

Learning physical surf skills on the beach and in the water has been the main focus for all nipper sessions, but our nippers have also been having weekly education sessions where they have been learning things around First Aid, surf awareness and sun safety. We encourage parents to ask your nippers what they have been learning as it is important for younger/older siblings to hear key surf safety messages too and you never know, you may learn a couple of new things too!

The Clifton Junior Carnival is coming up in 2 weeks and we would love to see a big cohort of Kingston Beach nippers competing! To enter your nipper please write their name on the clipboard at the information tent at Nipper on Sunday. The Clifton carnival bulletin can be found here:

<https://www.cliftonbeachslsc.com.au/cliftoncarnival> . Please make sure you read the article on carnivals in this newsletter edition for information about what happens at a carnival and what you need to bring.

A big thank you to all parents who have been helping on the beach during Nippers this season so far. Your assistance with the program makes everyone's job easier!

-Philippa Lohrey, Michelle Neill, Sandra Gadsby
(Junior Activities Coordinators)



Nipper Carnivals- What to expect

Nippers, from the Under 8 age category through to Under 14's have the opportunity to compete in nipper surf sports competition. Carnivals are a great chance for nippers to showcase their skills they have learnt in training in a fun, friendly environment. It also provides a great opportunity to improve both on the beach and in the surf. Carnivals are also a great place to make friends from all other clubs around Tasmania!

What to bring

At all carnivals, competitors are required to wear their club cap, but can wear any suitable bathers. Currently KBSLSC do not have a trailer to transport our competition equipment, so If your child is competing in a board event, you will need to transport a board to the carnival with you or "transport-share" with someone else. If you haven't transported a board before, please ask one of the many experienced people in the club who can assist and teach you. With the ever-changing Tassie weather, it is wise to bring towels, warm clothes as well as sun cream, hat, water and enough food to last the carnival. Most venues have a canteen, but lots of snacks are great for between events.

Carnival Day

Prior to the carnival a bulletin is release from Surf Lifesaving Tasmania with a rough outline of events for the day. This can be assessed through the SLST website. At the beginning of a carnival, we start with a team warmup along the beach. The Age Manager for each age group will have a team list detailing all competitors for that specific age group. Age Managers

will gather their age group and escort them to each event as required. Parents are welcome to come and watch at each event area from the designated area, but only the Age Manager can enter all event areas and correspond with officials.

Races include beach flags, sprints, relays, swim (or swim wade for U/8 or U/9), team swim race, board race, board relay (team), board rescue (a board paddler and a swimmer), Cameron relay (swim, run, board, run - 4 competitors in a team) and ironman (individual swim, run and board). Your child is welcome to participate in as few or as many events as they like. We encourage fun and participation amongst all our nippers and want carnival day to be a positive experience for all competitors.



Age Manager course

A successful Nippers program is only possible with the support of motivated parents and volunteers. A very important role in any Nippers program is the Age Manager.

Age Managers are responsible for developing our Nippers into future lifesavers and to provide a supportive, caring environment in which they can learn. At carnivals, the Age Manager looks after an age group on the beach, escorting the children to events. We are very grateful to the many parents who have put their hand up and experienced the Age Manager role at our Nippers program on Sunday. It would be great if we could have several parents complete the official qualifications to allow us to all "share the load".

To gain your official Age Manager qualification, Surf Life Saving Australia provide an online course for Age Managers to complete. *Please contact Philippa Lohrey at pjlohrey@gmail.com if you are interested and she can send you all the details.*

Volunteering

February is start of our Nippers volunteer month! We are making it easy for you to get involved, especially as parents of nippers on Sundays. We will have Danielle at the information desk to help you choose how you would like to get involved so please come down and see her in the information tent on a Sunday and she will share some of the roles with you. We will have information about the various roles easily accessible and remember if you can come 10 or 15 mins earlier around 9.30am, we love help setting up!

We also will have a lucky draw for a 'treat yourself' voucher each week which is open to all those volunteering. Yippee and let the fun begin!

Values

As previously mentioned in our last newsletter, we will now we naming a club value as a 'fortnightly focus' in each club newsletter. This fortnights focus is around Responsibility. Some ideas that we can keep in mind when focussing on responsibility:

- Being responsible when using club equipment
- Understanding that it is our responsibility to keep the path clear during nippers



Training & Education

SRC and Bronze Medallion Course

A second SRC and Bronze Medallion course for any current and new members will begin in the next couple of weeks. The course is expected to take 4 weeks to complete and will involve weekday and weekend training sessions, using scenario based training and small theory sessions. A compulsory pre-requisite pool swim will be conducted for all candidates at the beginning of the course this year and it is a requirement from SLSCA that you complete this swim before you do any training in the ocean.



If you are interested in getting your Surf Rescue Certificate or Bronze Medallion, please email kbslsctraining@gmail.com to register. An introductory pack will be sent to all participants this week including course dates, locations and course information.

Official level 1 course

Officials are the key to the effective running of all carnivals and Lifesaving events. An official is any person who controls or judges the technical aspects of a competition. No prior experience is necessary and all training is provided. At each carnival, clubs need to supply one official per 10 competitors. At the moment Kingston Beach SLSC are very low on officials and it would be great to have some more qualified officials. An added bonus is that all officials are fed morning tea and lunch at each carnival!

If we can get 5 people interested in completing their level 1 Official course an instructor will come to Kingston to complete the training. If interested, please contact Philippa on 0417533835 or pjlohrey@gmail.com.



Stay connected with Kingston Beach SLSC by liking us on Facebook and following us on Instagram: *kingstonbeach_slsc*

IRB News

Over February an IRB training course will be getting underway at Kingston Beach. Throughout this course there will be plenty of practical sessions where at least 2-3 boats will be put on the water for our members to gain practice in the water and in surf conditions. If you have your Bronze Medallion and are interested in getting in the Inflatable Rescue Boat to be a crewperson, please get in contact with Alyce Hancock who will be able to send out relevant training plans and workbooks. Contact details: alyce.hancock10@gmail.com

Social



KINGSTON BEACH SLSC

QUIZ NIGHT

SALTY DOG HOTEL, KINGSTON

25TH FEBRUARY 2017

7PM

\$20 ADULTS
\$15 CONCESSION

TABLES OF 8*

Visa/Mastercard - Go to pay.slsa.com.au (SLSA payment gateway) and follow instructions
Direct Debit - Account Name: Kingston Beach Surf Life Saving Club
BSB: 037015 Account No: 207732

*Please make one payment per table
and enter your team name as a comment



The Innugural club Quiz night is happening on the 25th February and there are only 10 tables on offer!

Steps to book a table:

1. Get a team together*
2. Make sure one person is in charge of the money and email
3. Make one transaction to bank details below, with QUIZ and name of person paying on table : EG . QUIZ / BOB
4. Email elizabethctaylor94@gmail.com with list of eight team members and ticket type (concession/adult) as this will be your ticket to enter as it will be the list on the door! Important to email as soon as payment is made so your table can be booked.

*Ticker holders must be 15 years +

** Platters of food will be provided by the Salty Dog and the price is included in the ticket.

Uniform

The uniform order for hoodies, polos and singlets was placed a few weeks ago and is expected to arrive in the next couple of weeks. Apologies to members who have been waiting since Christmas for these items, the manufactures have been super busy over Christmas and the New Year period. All items will be brought to nippers once they arrive and I will post on Facebook to notify people.

Thanks to everyone who got their bather orders in for the season! It will be very exciting to have so many members in club colours when in the water! A few extra sizes have been ordered in many of the styles so if you didn't get an order in on time make sure you check out the sizes when the order arrives in early March.



Extra News

Young Citizen of the Year award

Congratulations to our club member Bridget Fasnacht who was recently recognised as the Young Citizen of the Year for 2017. Bridget was recognised for her dedication and leadership in raising awareness of water safety and her commitment to surf life-saving in the Kingborough community. From the age of nine, Bridget has been an active member in our surf life-saving community. She achieved her Bronze medallion during high school and started patrolling on Kingston Beach. Bridget has gained an impressive list of qualifications throughout the state which has led to her being a much admired and respected member of the Kingston Surf Club.



Twins galore!

As our registrar Michelle was going through the memberships for the 2016/17 season she came across a very exciting statistic which she couldn't wait to share with the club community. To date, it is recorded that we have 7 sets of twins in our club! This is a record for Kingston Beach Surf Life Saving Club and we think it is a pretty impressive stat! We wonder if any other club in the state could beat 7 sets? So let's take this chance to celebrate all our twins and wish them all the best for their future surf lifesaving endeavors!

Kingston Beach SLSC Twins:

Hugh & Baz Remenyi (Seahorses)

Harrison & Ryan Stolp (Seahorses)

Daisy & Archie McKenna (Under 8)

Kitty & Bruno Stock (Under 8)

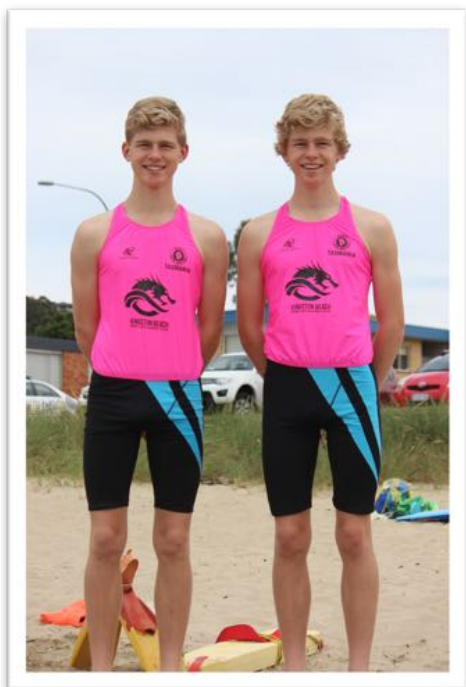
Abby & Ava Citanovich (Under 8)

Matilda and Lucy Dalco (Under 12)

Ben & Josh Glancy (Under 19)



Daisy & Archie McKenna



Ben & Josh Glancy



Kitty & Bruno Stock