



WEBSITE: WWW.KINGSTONBEACHSLSC.COM.AU EMAIL: KINGSTONBEACHSLSC@GMAIL.CO

31<sup>st</sup> March 2017

## President's Report

Well it has been a remarkable last 5-6 weeks of the season with so much happening in and around the club. Many of us will be thinking the season is over but there is still lots happening.

This weekend sees our ocean swimming team conducting the TOSSA swim at Taroona, with the forecast looking good for another amazing swim. The "Beach to Beach" has again proven a wonderful event for swimmers conducted by a very professional team. Congratulations to all involved on delivering the Premier swim in the ocean swim series.

Our Lifesaving Patrols are taking a well earnt break, with the flags coming down on another successful summer. Many will be looking forward to a well earnt break, whilst a few will be honing their skills over the off season with IRB training and Search and Rescue training. If you are interested in developing your skills in these areas please let us know.

March brought the Tasmanian competition season to an end with the respective state titles being held at Carlton (Juniors) and Ulverstone The club had many (Seniors). credible performances, with many of those competing posting personal best results. Well done to all our competitors, officials, managers and support crew (parents) for making both events a lot of fun. A small team of our lifesavers also joined in the competition action, competing exceptionally well at the lifesaving championships with excellent results both individually and in team events.

Our nippers have finished off a wonderful season last weekend, and it was great to see so many complete and receive their respective awards for the season. The improvement in confidence and skills over the last four months has been wonderful to see.

The club presentation night has been set down for the 6<sup>th</sup> of May, this night is open to all parts of the club and we

look forward to seeing many of our nipper parents enjoy a great night out. The evening provides us with the opportunity to recognise all those wonderful hard working members, parents and helpers who have volunteered so much of their time. It is also a great opportunity to socialise in a relaxed environment.

With Easter not far around the corner, many of us will be taking to the water to enjoy the break, please stay safe during this busy time and ensure you are well prepared for which ever activity you undertake.

See you on the beach

Paul

## Membership

Wow, our club is taking off! Memberships have jumped dramatically in the last two seasons and 2017/18 looks to be even bigger and better. Check out the below graph to see a visual representation of how fast our club is growing- we nearly had 260 members this season.

What an amazing year we've had! Enjoy the off season and see you all on the beach in 2017/18!

- Michelle Smith (Club Registrar)



#### Nippers

The Nipper season officially finished last Sunday and what a celebration it was! Lots of our nippers were awarded an education certificate; our Junior Club Captains were announced to the club and we had a celebratory party to finish off the Nippers program. Thank you to all nippers and their families who attended last Sunday, it was great to see lots of the parents getting involved in the activities and having some fun in the sand and water. If you were unable to make the last Nippers session and your child was awarded an education certificate you will hopefully receive it in the post this week.

A very big thank you must be given to our nipper helpers who volunteered their time over the past five months to help make the Kingston Beach SLSC nipper program run so well. A special mention to Michelle Smith, Sandra Gadsby, Philippa Lohrey, Bridget Fasnacht, Danielle Campbell and Mark Cubit for being their nearly every Sunday and helping so the mornings run so smoothly.

Thank you to all our nipper families for a great season. We hope to see you all in late October when we will begin doing our seasonal pool proficiencies. Please keep up to date with club events over the off period by following us on Facebook and checking your emails regularly.







# Lifesaving

What a season! Thank you to all our amazing patrol members for another great season. The 2016/17 season saw Kingston Beach SLSC perform a record 30 rescues between December and March. We provided well over 2000 hours of voluntary patrol for a massive 40 000 beach goers. In addition to patrolling, we also attended to 30 first aid incidents.



Well done to the large number of members who up skilled by gaining new awards such as First Aid, Advanced Resuscitation, IRB crew, IRB driver and Basic Beach Management. These increased knowledge and skills are crucial in providing our club with the skills and expertise to patrol and look after our local community throughout the season. Thanks to all the trainers and assessors who contributed many hours of volunteer time to assist with the attainment of these awards; Bridget, Philippa, Sam, Alyce, Paul, Scott, Kelly Dyer, Claire Mackintosh, Maddie and Josh.

Well done to all our nippers who completed their surf awards, learning valuable skills in surf awareness along with first aid training, CPR, beach safety etc. Of course a massive thanks must go to the trainers and coaches who assisted with these; Sandra, Bridget, Philippa, Lizzie, Clare, Maddie, Sam, Gabby, Jacques, Leah, Nathan, Ben, Josh, Will, Alex just to name a few.

Once again Kingston Beach had great success at the lifesaving events in the Senior Lifesaving Championships. These lifesaving events are a good way of practicing our lifesaving skills. The under 17 age group saw Alex Hamilton take out 1<sup>st</sup> place in the champion lifesaver event and Jacques Stevenson 3<sup>rd</sup>. Sam Lohrey came 2<sup>nd</sup> in the Open Men's champion lifesaver. The under 19 women's champion lifesaver was Clare Boyce, with Maddie Lohrey taking out 3<sup>rd</sup> place. Our Kingston Beach open patrol team took out 2<sup>nd</sup> place in a challenging competition.

During the season we have performed water safety at a variety of different events including ocean swims, many different school groups, triathlons etc. As always, we received a lot of positive feedback from these organisations about our professionalism and service. Thanks again to all our members for your dedication in making this season such a success.

-Philippa Lohrey (Lifesaving Manager)

# Surf Boat Rowing

Kingston Beach SLSC has had another successful year regarding surf boat rowing. Our U19 men's crew continued to compete for their third season with the same crew of Sam Lohrey, Nathan Gadsby, Josh and Ben Glancy. This marks the end of their U19 status and they will move up to U23 men's division for the next 2017-2018 season. We also had five new U19 female rowers undertake a number of training sessions during the summer period. The girls were Clare Boyce, Annabel Jamieson, Izzy Edwards, Celeste Di Bari and Maddie Lohrey. Although the girls did not get to compete, they started to showed good form later in their training. This was very promising given everyone was new to surf boat rowing.

Our men's U19 crew competed in Open Men's all season so as to push the guy's harder in racing. This was to prepare the crew for the Australian Surf Rowers League Navy Open held in Shell Harbour NSW in mid-February 2017. It was decided early in the season this was our focus to attend the ASRL Open.. The Karnivor's were selected to represent Tasmania in the Inter States competition representing the state in the U19 division. Burnie women's, Burnie men's and Carlton Park men's and women's also attended representing the state.

Shell Harbour is a fantastic carnival with clubs Australia wide attending. It attracts around 200+ crews. This was the second year that saw specific divisions for U19 women's and Reserve women's. This event is a surf boat only carnival and is seen as the proving ground prior to the Aussies. Conditions at Shell Harbour were good with swells between 1.5m and 2m in some sets that came through. The Interstates had to be postponed due to lightning storms on the Friday and reconvened on the Saturday. The Inter States U19 race was held on the Friday and the swell conditions where probably at the biggest during the whole carnival. The guys did very well to get out and back but we received a nice wave to break through off the beach, filled the boat up but fortunately no pumps burn out like the previous year. Saturday morning was U19 men's competition with 44 crews. The guys had two 4<sup>th</sup> a  $2^{nd}$  and 6<sup>th</sup> place. Unfortunately we missed out by 2 points going through any further.

The boys rowed at the Tasmanian State's in both Open Men's and U19's and achieved Gold in the U19's up against Penguin and Carlton Park. Unfortunately, I was unable to attend due to work commitments which required me to travel to Darwin. Mark Godfrey from Clifton filled in for me and I understand had some balance issues in one of the Open Men's races.

My hope for the next season is to see the club have a competing U19 female's crew and hopefully a senior men's as I know there are a couple of interested people wanting to get into the boat.

We have a second boat which I hope to spend some time getting it ready for the new season. Most likely a short break will take place and training will recommence around June/July. I can be contacted anytime if there are any new rowers for the next season wanting further information.

I would like to thank all the rowers, parents and other club members for supporting the rowing section for the last season

- Andrew Fogarty (Boat Captain)

## Social

# KINGSTON BEACH SLSC -BRAIKON /ARDS **FURDAY 6TH MAY**

#### DRESS: COCKTAIL/ BLACK TIE Please RSVP to Kingstonbeachslsc@gmail.com And Pay by the 2nd of May

Visa/Mastercard - Go to pay.slsa.com.au (SLSA payment gateway) and follow instructions Direct Debit - Account Name: Kingston Beach Surf Life Saving Club BSB: 037015 Account No: 207732 The Annual Celebration and Awards night is taking on a new look this year with a cocktail style night planned instead of the sit down dinner.

We would love all members from U13 and above to attend to celebrate the season that was! This annual event is always one to remember and it would be lovely to have nipper parents, patrolling members, cadets and associate members all in attendance.

Make sure you view the official invite to the left and secure your place!

I hope to see you all there!

- Lizze Taylor (Social Coordinator)

# Uniform

Our bathers order has finally arrived! Please check your emails this week on details on how to pay for your order and how to pick up your goods. Bridget Fasnacht has all bathers at her house and wants to remind people that orders won't be distributed until payment has been processed into club account.

A final reminder to all members who have outstanding payments on uniform items that they are DUE NOW. Please remember to put your name and item in the description when transferring money through so our treasurer can sort payments accordingly. BANK DETAILS: Kingston Beach Surf Life Saving Club BSB: 037015 Account 207732 Reference: Family name- uniform/carnival

- Sandra Gadshv (I Iniform Coordinator)

## Fundraising

Periodically throughout the year, the club packs wine glasses and wine into gift packs for *JMC Motors*. With 10-12 people, this only takes 2 to 3 hours and is usually followed by pizza (covered by the club). It would be really great to see some new faces helping out, including some of our nipper children (10y0+). The more families that help means the less often we all have to help. Please come and lend a hand, even for a couple of hours. We make over \$1000 each time we do this!





#### The next packing session is Tuesday April 7<sup>th</sup> 5.30 @ JMC Motors Hobart

### Extra News

#### Club Sponsorship

We are very excited to announce Jackson Motor Company (JMC) as one of our major sponsors for this season. JMC kindly purchased two shade tents for our club a few weeks ago and have branded them with their name and our bright logo. With our old shade tents looking worse for wear these new tents will come in use at Nippers, surf carnivals and for BBQ's.

Thank you JMC! We appreciate your support.



#### **Swimming Lessons**

With the surf season coming to a close and our nipper program finishing for the season it is a perfect time to start up some swimming lessons for your nipper. Swimming lessons are a great way to encourage water awareness and are also an opportunity for children to learn proper swimming technique while also keeping fit! KBSLSC members Stuart and Tam Talbot own the *Kingston Pool and Wellness Centre* in Kingston and are currently welcoming enrolments into their new and exciting swim programs: 'Swim Safer' and 'Aquatic Wonders'. **To book your child into one of the classes please call the pool on: 6229 6017 or email the team at office@kingstonpool.com.au** 





During the off season, stay connected with Kingston Beach SLSC by liking us on Facebook and following us on Instagram: kingstonbeach\_slsc

#### Winter Ski Paddling

Anyone interested in in ski training through the winter?? The sessions will begin with technique on Browns River for beginners and further on moving to the sea with the aim of being proficient enough to compete in team events at carnival and possibly compete in the Surf Safari paddle in November.

If any members (Nipper parents included) are interested in paddling or coaching please contact Sandra Gadsby on 0419987411..

#### Beach 2 Beach Swim Photos







