	<u> </u>	1	1	1	1
	Area 1.	Area 2.	Area 3.	Area 4.	Area 5.
	(U8 - U9)	Beach	(U12 - U14)	(U10 - U11)	Boats
11:30			Briefing		
idday		1KM Beach Run (U8-U9)			
		1KM Beach Run (U10-11)			
		1KM Beach Run (U12)			
		1KM Beach Run (U13)			
		1KM Beach Run (U14)			
		Beach Flags	Run / Swim / Run (Teams)	Run / Swim / Run (Teams)	
		U8 M/F	U14 M/F	U11 M/F	
		U9 M/F	U13M/F	U10 M/F	
		U10 M/F	U12 M/F		
		U11 M/F		Board Race	
		U12 M/F	Board Race	U11 M/F	
	U8 Wade	U13 M/F	U14 M/F	U10 M/F	
	U8 Wade Relay	U14 M/F	U13M/F		
	U8 Cameron		U12 M/F	Iron Person	
		Beach Sprints / Relays		U11 M/F	
	U9 Wade	U8 M/F	Iron Person	U10 M/F	
	U9 Wade Relay	U9 M/F	U14 M/F		
	U9 Board	U10 M/F	U13M/F	Cameron Race	
	U9 Cameron	U11 M/F	U12 M/F	U11 M/F	ASRL Rounds
		U12 M/F		U10 M/F	Briefing @ 1:30
		U13 M/F	Cameron Race		
		U14 M/F	U14 M/F		Round 1
			U13M/F		
			U12 M/F		Round 2
15:00					
					Strapmark Board Challenge
					2Km Race
				1	4Km Race
		2km Beach Run.			
15:30		Beach Flags			Round 3
		U15 M/F			
		U17 M/F			
		U19 M/F			Finals
		Open M/F			
		Beach Sprints (Relays)			
		U15 M/F			
		U17 M/F		+	
		U19 M/F		+	
		Open M/F		+	
Manage			About and distance and area area (C. 199)		
		eteree's discretion depending on wea		_1	
der of ev	vents for program may change at r	ha min if magaible with day a	manata in the media accept if in order in		
der of ev		be run if possible, mixed teams will co	mpete in the male event, if insufficient r	numbers then events will be declared	ed open events
rder of ev Team Ev	ents male and female events will		mpete in the male event, if insufficient r	numbers then events will be declare	ed open events
Team Eve	ents male and female events will n run may be delayed depending	on tide	mpete in the male event, if insufficient r	numbers then events will be declare	ed open events
Team Eve (M beach	ents male and female events will n run may be delayed depending		mpete in the male event, if insufficient r	numbers then events will be declare	d open events