



Issue 12 17 April 2020

WEBSITE: WWW.KINGSTONBEACHSLSC.COM.AU EMAIL: KINGSTONBEACHSLSC@GMAIL.COM

President's message

Hi everyone,

It is truly a discombobulating time! (I can finally use this word!!). I hope you are finding ways to travel well.

I thought it was a good chance to bring you up to date on what is happening behind the scenes. We have members who are specifically writing grants to finance equipment and programs, we are progressing our strategic planning process with Andrea Heath, whilst others are working on building planning and the potential of associated financial pathways. More generally as a club we are exploring ideas to keep us connected during the off-beach season and particularly can see its value during this strange time. We will keep you posted, especially with some great online educational training opportunities.

As always there are people behind the scenes undertaking the prep and translating our continuous learnings in the club, to incorporate insights into the coming season. Our committee and sub committees still meet (now via zoom) in off season and there are currently opportunities to join if you are keen to contribute.

It is also reassuring to remember that although the patrol season and nippers' summer are finished, that our club's emergency response members are always on standby to support police with any water-based rescue situation. Thanks to you all!

I hope you are finding the resilience and creativity to stay not only sane and safe, but feeding excitement about life, future, fun and of course our 20/21 coming season.

Warmly, **Danielle Campbell**, *President*

Club committee 2019/20

President: Danielle Campbell
Vice presidents: Philippa
Lohrey & Mark Cubit
Secretary: Bridget Fasnacht
Treasurer: Lynda Dyer
General Committee
members:

Jacques Stevenson
David Ronaldson
Eldene O'Shea
Eddie Jager
The Kingston Beach committee
meets regularly to ensure the
smooth running of the Club.

We are still meeting via an online platform during this time so please get in touch with any of us if you have any queries or concerns.

Email us at kingstonbeachslsc@gmail.com



Vacant Club Positions

The club committee wish to advise to our club community that there are two VACANT leadership positions to be filled in our club. We would love to have these filled soon to ensure we are prepared for the 2020/21 season.

GENERAL COMMITTEE MEMBER

The club committee meets monthly to ensure the smooth running of the club and is made up of 10 members. The committee are currently meeting every FIRST Tuesday of each month via the ZOOM online platform.

Any club member over the age of 18 is welcome to express their interest.

SPONSORSHIP COORDINATOR

This role involves attracting and retaining successful sponsorship partners for Kingston Beach Surf Life Saving Club (KBSLSC). The majority of the role undertakings would be completed in the OFF SEASON to prepare for the upcoming surf season.

Any club member over the age of 18 is welcome to express their interest.

More information on club position roles can be found on our website here: https://www.kingstonbeachslsc.com.au/club-positions/

If you would like to know more information on these vacancies or would like to read a TERMS OF REFERENCE document, please contact our club president Danielle Campbell on 0417778679.

Alternatively, email the club at kingstonbeachslsc@gmail.com

Lifesaving

Wow, what an exciting season we've had!

The new storage facilities, containing our patrol and first aid room have vastly improved the comfort of members on patrol. Oh the joy of a nice warm cup of tea on those cold Sunday afternoons! It has also provided us with a base to store our patrolling equipment, a well-needed private space to attend to first aid incidents and a sheltered area to perform skills maintenance.



A huge thanks to all our patrolling members who volunteered their time throughout the season to ensure our beaches were a safe environment for our community and the greater Hobart area to enjoy and also to our members who provided water safety each week to allow our Nippers to have such a positive water experience. It was great to see so many new members gain their SRC and Bronze Medallion this season.



We expanded our patrolling services this season by providing, where possible, a roving patrol at Blackmans Bay beach, which was well received by the community. We also increased our IRB patrolling presence at local 'hotspots' such as Soldier's Rock, the Pinnacle Zawn and the Blowhole. We performed 7 rescues this season and attended to a large number of first aid incidents.

Although our season was cut short this year, we still logged 1926 patrol

hours, but actually performed well over that number when water safety hours are included. I would like to make particular mention of those members who performed many additional hours of patrol. Performing over 50 patrolling

hours were Liv and Maddie. Members who performed over 80 hours were Tilly, Philippa and Liam and we had 2 members who volunteered over 90 hours – Kat and Lucy. Our member with the most patrolling hours this season was Harrison at 100.5 hours!

I would like to also thank our patrol captains who, through their strong leadership and organization skills, always ensured our patrols were compliant and run smoothly.

Thanks to Josh, Fogs, Eldene, Lorna, Paul, Kel, Dylan, Josh R, Bridget, Sam, Maddie, Pete, Kelly, Josh T and Sandra and Jacques.



Of course, we would not be able to provide a lifesaving service if we didn't have a team of dedicated trainers to provide knowledge and skills to allow our membership to gain and maintain essential awards. This season our club gained

130 lifesaving awards that all make a huge positive impact on the services we can deliver. Thanks to Bridget for her outstanding leadership in training awards and to our trainers Bridget, Josh, Scott, Sam, Alyce, Maddie, Philippa and Claire. Also to our members who helped with their great acting skills as patients over the season.

The Statewide Champion lifesaver event provided an opportunity for our lifesavers to compete in events specific to lifesaving. Once again Kingston Beach SLSC members performed very well taking out medals in all age groups. Olivia Smith claimed gold with Ella gaining silver in U17, Stephen Witkowski won Gold in Open and Liam claimed gold and Harrison bronze in U17!

Sadly, the Statewide first aid and patrol teams' competition was unable to proceed, but that didn't deter our Kingston Beach members! We ran our own inhouse first aid competition, complete with live, noisy and annoying patients. Well done to Harrison and Tash who took home the Pez prize! We are hoping to run more of these fun, but educational comps in the offseason.

Thanks must also go to our Emergency Response Team who have responded throughout the season to a variety of callouts. Our ERT members are on call 24/7 to assist TasPol in search and rescues and other call outs. We have a number of members who are also swift/flood water trained, along with jet ski and IRB qualifications.

Thanks again to our dedicated team of lifesavers for your service this season!

Philippa

Lifesaving Manager



Surf Sports ONLINE training

Have you been missing the weekly surf sports training at Kingston Beach? Are you looking to improve your fitness over this isolated time at home?

Well we have the PERFECT SOLUTION!

Our star athlete Maddy McBride is going to be offering FREE online fitness training sessions for all our members every Thursday afternoon at 5pm. The sessions will be streamed via the ZOOM online video platform and any club member will be able to log in and participate in the session at home.

Links to the zoom call sessions will be posted in the members Facebook group WEEKLY and also emailed out to members.

What a great way to stay engaged during this time and stay fit!



Surf Sports Podcast

Dive into your weekly dose of Surf Sports, Ironman racing and all things in the ocean with host's

Josh Minogue and Jack Hansen. A great podcast for surf sports lovers in the club. Listen to them on
your device here: https://podtail.com/en/podcast/around-the-cans/

Strategic Plan update

The strategic planning committee would like to take this opportunity to thank all our club members for your involvement so far in our clubs strategic planning process. Our new strategic plan is hoping to be a document which will be relevant, dynamic and informative to our membership base.

Our planning process so far has involved the distribution of an online survey which then followed with two successful workshops which were facilitated by our consultant Andrea Heath.

It was fantastic to see so many people attend the workshops in March and hear everyone's ideas and hopes for the future!

Andrea is currently formulating a draft strategic plan for our organisation which we will distribute to our club base for feedback when it arrives. After this process it will then be taken to our general committee to consider for adoption.

All photos below are from the workshops which were held at the Kingborough Community Hub.

Thanks again to everyone that involved with this process!





Club Awards Dinner

The club dinner and awards presentation evening has now been POSTPONED due to COVID-19.

The club will hopefully organise the celebration later in the year when restrictions are not in place in the community.



To help us get organised for the night and to assist in selecting awardees for the Surf Life

Saving Tasmania awards, we invite our members to NOMINATE someone who they believe should be recognised for their service this season.

Nominate a member today -> https://kingstonbeachslsc.wufoo.com/forms/q17bniw116tv2x4/

For Sale

We are selling our 2015 Can Am Commander DPs 800 SSV. Check out our gumtree advertisement below for more information

Questions? Message Scott via gumtree or get in contact with the club through Facebook.

https://www.gumtree.com.au/s-ad/kingston-

beach/quads-karts-other/can-am-commander-dps-

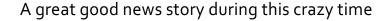


800-ssv/1245545891?fbclid=lwAR2PtXYzsjMBPL4eCDwCklH3Xvya4mg7MAUfxW-9P4BlMRVPouLjBmYxPd4

Celebrating our members

Congratulations to our club member Dylan Davey (aged 21) who just got offered a job as a paramedic with Ambulance Tasmania! We all know how scarce the jobs are in this chosen field, (especially to acquire one so locally) so what a sensational achievement for him! We look forward to having Dylan's extra knowledge on patrol and hearing all about his new experiences next season.

Dylan has been a patrolling member at Kingston Beach SLSC since the age of 13 and has also represented our club in many surf sports carnivals over the years.





Off season CHECK IN

Many of you may be in 'off season' mode and not even thinking about the club or its activities.... but did you know that our general committee still meets every month in the off season? A LOT of things go on in the background to ensure our club is all prepared for the new season ahead and we thought it would be beneficial to share some of the news that is ticking along as many of you say goodbye to the 2019/20 season:

- ⇒ Two grants have just been submitted for a total of \$10,000 to purchase new racing mals (cross fingers, because they are highly competitive!)
- ⇒ Our club purchased a ZOOM account and are now running meetings virtually and preparing surf sports training online
- \Rightarrow Our new club strategic plan is being written by our consultant Andrea.... exciting!
- ⇒ Our gear trailer now has board racking installed and is all set for carnivals next season!

SLST App

Did you know Surf Life Saving Tasmania have an App with information for SLS members?

Once downloaded this app holds essential information, documents, policies and procedures for all aspects of Surf Life Saving that can be downloaded whilst connected to Wifi to use offline on the beach! There have been lots of updates on the app this week about COVID19, surf sports results and hygiene in clubs.

The SLST Members App is available for free download on the Apple App Store and Goggle Play Store by searching 'SLST Members App' or click on the buttons below:





Safeguarding children

Kingston Beach SLSC is committed to the Safeguarding of Children and Young People, under the age of 18, and acknowledges that a child-safe organisation doesn't just happen; it requires conscious action to protect children from harm.



Stuck inside? Want something to do while in isolation? We encourage all of our

members over the age of 18 to complete the short online awareness course that Surf Life Saving Australia recently released onto their site. Evidence of completion of this course will go against your awards in your Members Area and the club can also keep track of progress.

Head here: https://sls.com.au/safeguarding/ to access the course and for more information on safeguarding in SLS.

Communication

Our club has many communication channels! We often hear people saying they didn't know about something or they didn't know we had a PRIVATE Facebook group... Stay connected by keeping social with us by following us on the below channels:



Website:

www.kingstonbeachslsc.com.au

Email: kingstonbeachslsc@gmail.com

Instagram: kingstonbeach_slsc

Public Facebook page- Search 'Kingston Beach Surf Life Saving Club

Private Facebook Group: Search 'Kingston beach Surf Life Saving Club' and click on the <u>GROUP</u> (not the page).

This private group is used for everyday information, nipper updates and member communication. When you request to join, it is recommended you tell the registrar at nippers or send us an email to notify the club who you are. The club only accepts members due to privacy and security reasons.